PRICES INCLUDE 13.5% Tax

Breakfast Menu for the Week of Sept. 21-25, 2020 7:30 – 10:00 a.m.

### Daily Breakfast Specials

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hash Brown Plate</td>
<td>$5.50</td>
</tr>
<tr>
<td>with two eggs your way and a choice of meat</td>
<td></td>
</tr>
<tr>
<td>Bacon Biscuit</td>
<td>$3.25</td>
</tr>
<tr>
<td>Sausage Biscuit</td>
<td>$2.75</td>
</tr>
<tr>
<td>Egg Biscuit</td>
<td>$3.00</td>
</tr>
</tbody>
</table>

### Breakfast Combo $5.00 includes:
- Choice of one item: Two Eggs your way OR Sausage biscuit OR Bacon biscuit OR Egg biscuit, with your choice of a cup of coffee or a bottled water

### À la Carte Breakfast

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 Eggs your way</td>
<td>$3.00</td>
</tr>
<tr>
<td>2 Sausage patties</td>
<td>$3.00</td>
</tr>
<tr>
<td>Bagel and Cream Cheese</td>
<td>$2.25</td>
</tr>
</tbody>
</table>

### Daily Breakfast Sandwiches

#### MOMO’s Breakfast Sandwich: $6.50
- Includes 2 Eggs
- Choose your bread: bagel, wrap, biscuit, croissant or toast
- Choose your meat: ham, sausage, turkey sausage, or bacon
- Choose your cheese: provolone, swiss, or cheddar
- ADD ONS: Spinach or tomatoes $.25 / Grilled peppers & onions $1.00

#### Monte Cristo Breakfast Sandwich: $7.50
- with 2 eggs, bacon OR ham, cheddar, swiss, on French toast and a side of raspberry jam

### Beverages and Snacks

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coffee/Iced tea</td>
<td>$2.25</td>
</tr>
<tr>
<td>Cup of ice</td>
<td>$.50</td>
</tr>
<tr>
<td>Bottled sodas/teas</td>
<td>$2.25</td>
</tr>
<tr>
<td>Monster</td>
<td>$2.50</td>
</tr>
<tr>
<td>Bottled juice</td>
<td>$2.75</td>
</tr>
<tr>
<td>Bottled water</td>
<td>$2.00</td>
</tr>
<tr>
<td>Canned Sparkling Water</td>
<td>$2.00</td>
</tr>
<tr>
<td>NEW! Peanut Butter and Chocolate Protein Bar (vegetarian)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Lemon bar, peanut butter bar, brownie</td>
<td>$2.75</td>
</tr>
<tr>
<td>Coffee Cake</td>
<td>$3.50</td>
</tr>
<tr>
<td>Greek Yogurt</td>
<td>$2.25</td>
</tr>
<tr>
<td>Granola bars</td>
<td>$1.50</td>
</tr>
<tr>
<td>Chips</td>
<td>$1.75</td>
</tr>
</tbody>
</table>

### Grab & Go

#### Hummus and Veggies $5.00
- (a scoop of hummus with tomatoes, cucumbers, peppers and broccoli)

#### Ice Cream Novelties:
- Häagen-Dazs $2.25
- FatBoy Ice Cream Sandwich $1.75
- Kit-Kat drumstick $1.75

#### Cookie Packs $2.25
- (chocolate chip cream, oatmeal cream, peanut butter chocolate cream)

- MOMO’s Brazilian Coffee Blend $10.00 bag
- Homemade Basil Vinaigrette Dressing $8.00
- Homemade Sweet Onion Dressing $8.00

Walk-Ins Welcome
or to Place Your Order in Advance:
Call x 7370 or Text 757-206-3212 (No voicemails please)
Place your order a minimum of 10 minutes ahead of your scheduled pick-up.

Grab n’ Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local - homemade - delicious - family-owned
Lunch Menu for the Week of Sept. 21-25, 2020 11:30 a.m. – 1:30 p.m.

Entrees: $10.00

- Beef and broccoli with fried rice
- Penne pasta toss with chicken and Italian sausage with vegetable medley

Half and Half: Choose 2 for $9.00

- Half a sandwich (any weekly sandwich), half an entree salad OR cup of soup

Flat Bread Pizza: $7.00

- Veggie (sauce, cheese, tomatoes, peppers, onions, mushrooms, olives)
- Greek (sauce, feta, parmesan, tomatoes, cucumbers, onions, olives and chicken)
- Meatlovers (Bacon, pepperoni, sausage and ham)

Entrée Salad: Small $8.00 ~ Large $12.00

- Chopped Salad with field greens, chicken, feta, black beans, scallions, mushrooms, peppers, cucumbers, tomatoes, avocado and choice of dressing
- Caprese Salad with spinach, chicken, avocado, fresh mozzarella, tomatoes, pesto and balsamic glaze
- Field Green Salad with strawberries, blueberries, almonds, feta, raisins, and chicken salad

Create your Own Salad $6.00

Spinach, field greens, romaine, carrots, cucumbers, peppers, onions, scallions, blueberries, raisins, tomatoes, spicy almonds, strawberries, mushrooms, feta, parmesan, shredded cheddar, black beans, avocado, broccoli, olives and crackers

- Add a protein: $2.50 per protein
  - Chicken, turkey, ham, chicken salad

Salad Plate: $9.00

Choose two: Pasta salad, Cole slaw, Dual potato salad, herb roasted potato salad, side salad OR fresh fruit

Choose one: sliced chicken, ham salad, turkey OR chicken salad

Weekly Sandwiches served with a choice of a side and pickle

(Sides: pasta salad, dual potato salad, fresh fruit, side salad or chips)

- MOMO’s Tuna Melt $10.50 ($8.75 sandwich only)
- Chipotle chicken club on flatbread with pepper jack cheese, spinach, tomato, and bacon $10.50 ($8.75 sandwich only)
- MOMO’s grilled cheese with a side of raw relish $10.00 ($8.25 sandwich only)
- Chicken salad wrap with spinach and tomatoes $10.25 combo ($8.50 sandwich only)
- Turkey on wheatberry bread with cranberry mayo, brie, lettuce and tomato $10.50 combo ($8.75 sandwich only)
- Veggie wrap – hummus, lettuce, tomato, black beans, roasted peppers and onions, mushrooms, cucumber $9.75 combo ($8.00 sandwich only)
- Chicken, bacon and ranch wrap $10.25 combo ($8.50 sandwich only)

Soup

Chicken Tortilla

SM $5.00 / LG $7.00
Family Take Home Dinner

$30.00

for the week of September 21, 2020

(feeds four to six people)

(choose one of the following meal options)

4 large pieces of Meatloaf,
2 lbs. mashed potatoes and gravy
with 2 pts. steamed broccoli

OR

4 large breast of Chicken Picatta
with 1 box of penne noodles
and large Caesar salad

▪ No Substitutions.
▪ Payment due when placing the order.
▪ For those working on-site, pick-up is available in the Quark Café
  no later than 1:45 p.m. on your designated pick-up day.
▪ Food will be cold at pick-up and labeled with heating instructions.
▪ Refrigeration required after pick-up.

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